

Vision Board Success

Artwork & Tips For Creating Yours

Bought to you by:

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WHY A VISION BOARD

We've all heard tell of the power of a vision board. In fact, most people who have already had one, or several seem to actually love them. They start talking about their vision board and suddenly they get all dreamy-eyed.

But don't make the mistake of thinking that spending an afternoon creating a vision board, or even getting lost in it is a waste of time. Contrary to what you might believe studies have shown, time and time again that vision boards work.

That's probably why you downloaded this quick guide. So the real question is why haven't you tried making one yet?

For some people—especially us right-brained analytical types—the idea of creative goal setting can be a little overwhelming, or just well, a little too "woo woo" to put much stock in. And, even, if you did want to give it a try, where would you even start. Others are totally fine with the creative goal setting, it's the thought of collecting all the parts that go into making one that keeps them from getting started.

But, regardless of which group you fit in, there's an easy answer for both. Just begin with what you have on hand. When it comes to creating a vision board, there are no rules! That's kind of the part I like best.

Here are a few things you can use to get started.

Books & Magazines

We all have that stack of magazines we keep meaning to toss. Now you can put them to good use building your vision board. Flip through them and clip pictures, words and even ads that inspire you. Anything that captures your imagination works. And, you don't have to use it just because you cut it out.

Colored Pens & Markers

To add your own personal touches to your vision board.

Stickers, Ribbons & Art Supplies

If you're even a little crafty, have kids, or nieces or nephews, chances are you have at least a few arts and craft supplies hanging around that can help embellish your board.

Remember, above everything, it's YOUR vision board. And, ultimately, the most important thing is that it inspire you and make you light up when you see it. That's what will let it work its magic in your life.

That's where the artwork included with this guide can help. And, for even more help, exactly why you should consider taking our **Achieve Your Audacious Goals Vision Board Workshop**. We'll help you make that perfect vision board for you with just the right amount of "woo" and some practicality too.

Learn More Here



Vision Board Inspirations:

Creating Your Vision Board

- Decide what topic areas you want to focus on.
- Select images that best represent the things that will inspire you to accomplish the dreams and goals you have set for yourself.
 - Choose a combination of large and small images to give contrast.
 Words are a great addition to highlight your areas of focus.
- Select the type of board or frame you want to use as the base to create your vision board.
- Add color highlights to imagery as desired.
- Cut around the outside edge of your images and words.
- Arrange and rearrange all imagery on to board until you like what you see before adhering them to the board.
- Remember to add fun embellishment pieces to give contrast.
- Tip: take a picture of layout in case it shifts.
- Glue everything to board.
- Hang your inspiration vision board in a prominent area of your home so you can see it daily.

Regarding your image sheets below:

Quality prints can be economically purchased via local printing services.

- Print pages single sided.
- Page 1: Goal headers can provide a fun way to separate your different goal topics.
- Page 2: inspirational words to color and cut using colored pencils are relaxing to use
- Tip: color before cutting out

- Page 3: Inspirational words that don't need coloring.
- Page 4: Colorful ephemera to add to your vision board.

Take Our Achieve Your Big Audacious Goals Vision Board Workshop to create your ideal vision board!





















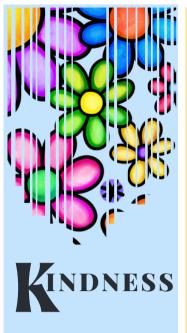


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SHOWING UP AS MY future self



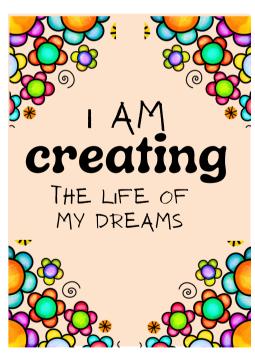












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